Next Steps:
while you wait for your COVID-19 test results

If you've been exposed to COVID-19: Quarantine at home if you are not up to date with COVID-19 vaccinations, wear a well-fitting mask, and monitor for symptoms while you wait for your test results. If you are up to date with COVID-19 vaccinations, you do not need to quarantine but should wear still monitor for symptoms and wear a well-fitting mask around others in your home and in public.

If you have symptoms of COVID-19: Separate yourself from others in your home, monitor for new or worsening symptoms, and wear a well-fitting mask while you wait for your test results regardless of your vaccination status.

Protect yourself and others

- Stay away from others while you wait for your test results.
- Wear a well-fitting mask when you are around others in your home and in public while you wait for your test results.
- Cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow.

- Wash your hands often with soap and water for at least 20 seconds. Use hand sanitizer with 60% alcohol if you don't have soap and water.
- Clean "high-touch" surfaces every day (such as tabletops, doorknobs, phones, and keyboards).
- Do not touch your eyes, nose and mouth if you haven't washed your hands.

Self-monitor for symptoms

- Keep track of when you have any new symptoms.
- Check your temperature two times a day.
- If you are sick, keep a daily record of fever, cough, and any other symptoms.
- If your symptoms get worse, contact your health care provider. If you are having a medical emergency, call 911.

For more information, visit: www.dhs.wi.gov/covid-19/symptoms.htm.

Were you tested at a clinic or hospital?

Your health care provider will contact you when your results are available. Do not contact your local health department for test results.

What to do with your COVID-19 test result

Positive test result? Isolate at home and separate yourself from others.

- **Do not leave your home.** Do not go to work or school. Do not travel or use public transportation.

- **Notify your close contacts you have COVID-19.** Close contacts who are not up to date with COVID-19 vaccinations should quarantine, including household members.

- **Watch for symptoms.** Call 911 immediately if you need emergency medical care and tell them that you have COVID-19.

- **Wear a well-fitting mask when around others.**

- **Postpone non-urgent medical appointments.**

When is isolation over?

You have been **fever-free for at least 24 hours** without using medicine that reduces fevers

AND

Your other **symptoms have improved** for at least 24 hours

AND

At least 5 days have passed since you first had symptoms or tested positive (if you don't have symptoms)

Wear a well-fitting mask when around others for an additional 5 days after your isolation period. If your symptoms don't improve after 5 days, wait to end your isolation period until they improve.

Negative test result? You likely do not have COVID-19 at this time.

Are you a close contact of someone with COVID-19?

If you are not up to date with COVID-19 vaccinations, quarantine at home for at least 5 days and wear a well-fitting mask for an additional 5 days. Get tested at least 5 days after your last close contact. If you test negative, you can end quarantine but should continue to wear a well-fitting mask for an additional 5 days. If you test positive, immediately isolate.

If are up to date with COVID-19 vaccinations (including booster and additional doses), you do not have to quarantine. However, you should still get tested at least 5 days after last close contact and wear a well-fitting mask for 10 days.

Want to learn more?
- Information for close contacts: www.dhs.wi.gov/covid-19/close-contacts.htm

- Information for those with COVID-19: www.dhs.wi.gov/covid-19/diagnosed.htm